

Learn More about PrEP (Pre-Exposure Prophylaxis)

PrEP stands for pre-exposure prophylaxis. It comes in pill form and the trade name is Truvada. Research has shown when taken daily, with other safer sex practices (like condoms), PrEP is 92% to 99% effective and can help protect you from getting HIV from someone who is living with the virus.

Truvada as PrEP is FDA approved and may have different side effects for different people. You should consult your doctor to see if it is a good fit for you. But before you go, check out the resources provided on this flyer so that you can ask your doctor informed questions. People taking PrEP should allow their doctor to monitor them through the process. Regular and consistent doctor visits only ensure that the drug is working well for you. Truvada can be used for HIV prevention by anyone looking for an additional layer of protection from HIV.

Love yourself and the ones you are with. CONSIDER PrEP!

What Questions Should I Ask My Doctor?

Am I a good candidate for PrEP?

What other options can I use to lower my risk of getting HIV infection?

How effective would PrEP be at reducing my risk of HIV infection?

Are there any side effects?

Can you prescribe PrEP for me here?

Are there ways to help me pay for PrEP if I need assistance?

How often will I have to be tested for HIV and other STIs?

Additional questions for women:

Can PrEP help me to get pregnant safely if my partner has HIV?

Can I take PrEP if I am pregnant or breastfeeding?

Additional Resources

PrEP Facts

Understanding PrEP

- <http://prepfacts.org/>

Start Talking. Stop HIV.

How to talk about HIV and HIV prevention

- <http://www.cdc.gov/actagainstaids/campaigns/starttalking/index.html>

Get Tested

Find STI/HIV Testing nearest you

- <https://gettested.cdc.gov/>

Condom Locator

Find free condoms near you

- <http://www.condomfinder.org/find.php>

HIV Screening. Standard Care.

Information on HIV testing and incorporating it into standard health care behavior

- <http://www.cdc.gov/actagainstaids/campaigns/tlc/patients.html>